

# Tulalip Lushootseed Family Activity

Design your dream regalia  
(ǰičaliča?)

## The First Salmon Ceremony Unit

Families (ǰiišəd) will discuss why we have a first salmon ceremony (sǰəsǰwu? ǰə ti hik<sup>w</sup> siǰab yubəč) and prepare to participate in the event.

### Activity Overview:

Families will design their dream regalia while incorporating Lushootseed words to complete this task.

Illustrations by Elizabeth Starks

## Lushootseed

ǰwəǰwǰəlaqid - *Headband*

šiq<sup>w</sup> - *Cedar hat*

ləšal - *Shawl*

hədaǰadik<sup>w</sup> - *Vest*

səlapus - *Cedar cape*

tuǰ' alib ǰə k<sup>w</sup>i tuǰaciǰtalbix<sup>w</sup>.  
*Ancestors wore these long ago.*

sǰəsǰwu? ǰə ti hik<sup>w</sup> siǰab yubəč

*First Salmon Ceremony*

ǰuǰalalik<sup>w</sup> čələp ǰə ti šiq<sup>w</sup>.  
*You all will design your hat.*

ǰuǰalalik<sup>w</sup> čələp ǰə ti ǰwəǰwǰəlaqid.  
*You all will design your headband*

# Activity Instructions



1. Sit down as a family (ʔiišəd) and review regalia vocabulary for this activity.
2. Discuss regalia as a family (ʔiišəd) and express what regalia means to each of you.
3. Review the examples of Tulalip (dxʷlilap) people's (sduhubš) regalia (q̄ičaličaʔ). Pass them around the family (ʔiišəd) and make sure to take notes and remember what you liked about each piece of clothing.
4. If you have your own pieces of regalia now would be a good time to show them or leave them out so other family member (ʔiišəd) could look at them for inspiration.
5. Print out the Coast Salish form shapes, the headband (š̄wəš̄wəqəlaqid) cut out, hat (šiqʷ) cut out, the shawl (ləšal) cut out and the vest (hədaʔadikʷ) cut out. Have each of your family members (ʔiišəd) design their regalia.
6. You can use markers, pencils, crayons to color it. Or you can do it collage style with different color papers or magazines, using Coast Salish shapes and forms.
7. After you have designed your shawls (ləšal), headbands (š̄wəš̄wəqəlaqid), hats (šiqʷ) and vests (hədaʔadikʷ) you can share them with your family (ʔiišəd).
8. These designs can be used to make regalia for the First Salmon Ceremony (sʔəsqʷuʔ ʔə ti hikʷ siʔab yubəč)

