## Tulalip Lushootseed Family Activity



## Hunting & Feasting Unit

Hunting and feasting explores how our ancestors hunted for big game and preserved the various foods for the long winters.

Lushootseed

x<sup>w</sup>i?x<sup>w</sup>i? - Hunt

kwagwičəd - Elk

swatix<sup>w</sup>təd – *Forest* 

sqig<sup>w</sup>əc - Deer

sčətx<sup>w</sup>əd - *Bear* 

swəwa? - Cougar

stab k<sup>w</sup>i łus?uhuyčəł ?al ti?ə? sləxil What will we do today?

\$ula?ibaš ča\$ ?al ti swatix\*tad ?al ti?a? slažil We will scout the land today.

#202100101, #202300085





## **Activity Instructions**



 We strongly suggest finding a mentor to complete this activity. This can be an experienced hiker or hunter. Tribal members can contact the Tulalip Tribes Natural Resources Department to gain access to these areas. Please follow link.



- To get prepared, you will need to gather or purchase a few safety items. Black bears (sčətx<sup>w</sup>əd) and cougars (swəwa?) are scared of bells and horns, and you can purchase bells and horns that attach to your belt for quick access. You should also take a lighter, utility knife, bug spray, water and a first aid kit when you go to the mountains. Be sure to wear pants and comfortable walking shoes, but no special attire is required.
- Before we enter the forest (swatix<sup>w</sup>təd), we want to thank the swatix<sup>w</sup>təd for welcoming us in by leaving an offering of loose-leaf tobacco.
- Now, it is time to explore. You can drive and walk through the hunting areas and look for signs of big game. Look for their tracks or paths that they have made to learn where good hunting spots might be. The best places to explore are close to fresh water and food supplies. We suggest to stay on a trail unless you have a mentor to guide you. Hopefully you see deer (sqig<sup>w</sup>əc) or elk (k<sup>w</sup>ag<sup>w</sup>ičəd). You can also use this time to harvest berries or other plant medicines. If you take anything from the forest (swatix<sup>w</sup>təd), thank the item for giving its life, and only take what you need.



