

Tulalip Lushootseed Family Activity

Berry Picking

Summer Unit

The goal of the summer unit is to remind and teach families about the importance of seasonal activities and harvesting.

Activity Overview:

This activity guides children and families on where and how to sustainably harvest huckleberries, and could also be used for picking different kinds of berries.

Lushootseed

swədaʔǰ - *Huckleberries*

tatačulbix^w - *Large animals*

sbadil - *Mountain*

ʔəʔəd - *Eat*

leʔibəš - *Walking*

ʔuləǰəd
To gather from nature

t'ig^wicid - *Thank you*

swatix^wtəd - *Land*

t'iwit - *Pray*

t'ilib - *Sing*

ʔucəbəbiluʔ čəʔ
We will go out berry picking.

ʔəʔəd čəx^w ʔu ʔə ti swədaʔǰ
Do you eat huckleberries?

ʔəsχaʔ'tx^w čəǰ^w ʔu
Do you like it?

haʔʔ ʔu - *Is it good?*

ʔəsʔəǰidalus
What color is it?

kaykayalus - *Blue*

t'aqahalus - *Purple*

ʔi - *Yes*

x^wiʔ - *No*

Activity Instructions



Berry Picking

1. Pack appropriate materials for a long period of time in the sbabadil (*mountains*), such as water, snacks, buckets for picking swədaʔǰ (*huckleberries*), wipes/toilet paper, a blanket for sitting, and an offering (such as cedar, tobacco, or sage) for the swatix^wtəd (*land*).
2. The berry picking area is in the sbabadil (*mountains*), so be sure to have vehicle that is safe to travel on dirt/gravel roads with high incline. Explain to the younger children that you are traveling to ʔucəbəbiluʔ čəʔ (*We will go out berry picking*).
3. Say a st'iwilʔ (*prayer*) and give an offering (such as cedar, tobacco or sage) to the swatix^wtəd (*land*) and t'ig^wid (*thank*) the swatix^wtəd (*land*) before you start ʔuləxəd (*harvesting*) berries. A small prayer to the land could be: ʔut'ig^wid čəʔ ti swatix^wtəd dx^wʔal ti swədaʔǰ.
4. Sing čəbəbiluʔ st'ilib (*berry picking song*) while picking the berries. This time would be great incorporate Lushootseed:
 - ʔucəbəbiluʔ čəʔ - *We will go out berry picking.*
 - ʔəʔəd čəx^w ʔu ti swədaʔǰ - *Do you eat huckleberries?*
 - ʔəsxaʔ'tx^w čəx^w ʔu - *Do you like it?*
 - haʔʔ ʔu - *Is it good?*
 - ʔəsʔəxidalus - *What color is it?*
5. Take breaks for water and food as needed.
6. After harvesting, thank the land again (t'ig^wicid swatix^wtəd) and take berries home to wash and store for later use.

