

# Tulalip Lushootseed Family Activity

## Garden Walk

## Spring Unit

Families will identify weather patterns and cultural activities that occur in the spring and why they are important to the Tulalip people.

### Activity Overview:

For this activity you and your family will explore Tulalip's community garden pointing out all the changes as spring is upon us.

<https://www.tulalipnews.com/wp/2017/05/03/agriculture-growing-produce-to-promote-healthy-eating-habits/>

## Lushootseed

st'əlǰix<sup>w</sup> - *Medicine*

ʔuhiʔhədəb - *Spring*

q<sup>w</sup>uʔbačšəd - *Rainbow*

ʔəsqaʔəb - *Cloudy*

ʔəsšəx<sup>w</sup>əb - *Windy*

ʔuqəlb - *Raining*

ʔubaq<sup>w</sup>uʔb - *Snowing*

ʔəsgəqəb - *Sunny*

čəcaʔus - *Thimbleberry sprouts*

bubxəd - *Horsetail fertile shoots*

sčəd<sup>z</sup>x̄ - *Stinging Nettles*

šəg<sup>w</sup>aʔac - *Salmonberry sprouts*

stabaʔ k<sup>wi</sup> d<sup>z</sup>əlpil /  
ʔuhiʔhədəb  
*What season is it? / Spring*

ʔəsčal tiʔəʔ sləx̄il  
*How is the weather?*

stab tiʔəʔ - *What is this?*

\_\_\_ tiʔəʔ - *This is \_\_\_.*

ʔuʔəʔəd čəʔ ʔu ʔə ti \_\_\_  
*Can we eat \_\_\_?*

stabaʔ st'əlǰix tiʔəʔ  
*What kind of medicine is it?*

# Procedures/Instructions



1. Review vocabulary and garden identification cards before heading to the garden. Pack any necessary supplies for working in the garden (gloves, shovel, hat, etc.).
2. Tell the story how nettles save people shared by Roger Fernandes and sing the weather song. Now you are ready to pack up and head to the garden.
3. When you arrive to the garden, ask your ?iišəd (family) ?əsčal ti?ə? sləx̣il (How is the weather) they should all respond back using the Lushootseed weather words. Once everyone in your family has responded you can sing the weather song again.
4. Once we have established what the weather is like go and identify as many plants as you can that are on our scavenger hunt cards. You can ask each other, stab ti?ə? (What is this?) and respond \_\_\_ ti?ə? (This is \_\_\_) using the cards for help.
5. If you would like to help clean up the garden you can also pull weeds to help keep the garden in good condition for the rest of families to enjoy.

