

q'atulč. — Set the table.

?astaq'u? čax' ?u. — Are you thirsty?

?astag'ax' čax' ?u. — Are you hungry?

?asxa'xtx' čax' ?u k'i s?uladx'. — Do you want some salmon?

?asbət čax' ?u. — Are you full?

stab k'(i) ads?u?əfəd. — What are you eating?

?asčal k'i dax'pa?. — How does it taste?

?asxa'xtx' čax' ?u k'i s?uladx'. — Do you like salmon?

?asxa'xtx' čax' ?u k'i bid'. — Do you want some beans?

x'i?, fig'icid. — No, thanks.



g'ə?abyic ?ə k'i \_\_\_\_\_.

Please pass me the \_\_\_\_\_.

sqig'əca'fci? — Deer Meat

q'ista'fci? — Beef Meat

sg'aluba'fci? — Chicken Meat

s?uladx' — Fish

sq'ali? — Salad

šəg'aq — Carrots

čufəy?alus bid' — Green Beans

bid' — Beans

lipli — Corn

spiq'uc — Potato

s'ub — Soup

səpləl — Bread

či'x səpləl — Fry Bread

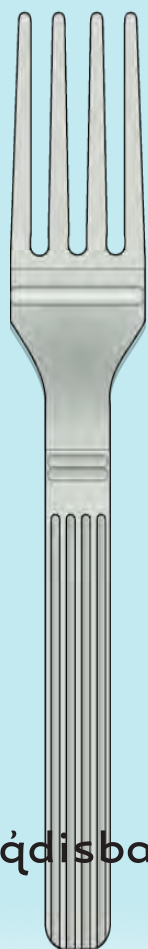
?ə?us — Egg

čid' — Cheese

swəda?x' — Mountain Huckleberry

g'ədbix' — Native Blackberry

cəq'disbad



## dx'ləšucid s?əfədali

### st'i?fi'fiwi'f - Small Prayer

?u x'a?x'a? šəq si?ab

Oh Lord / Father

?u'fig'icid čəf dx'?al ti?ə? sləxil.

We thank you for this day.

?u'fig'icid čəf dx'?al ti s?əsq'u?čəf.

We thank you for allowing our gathering.

g'əhəli?tx' čax' ti lu'xlu'čəf.

Please bless our elders.

g'əhəli?tx' čax' ti bədbəda?čəf.

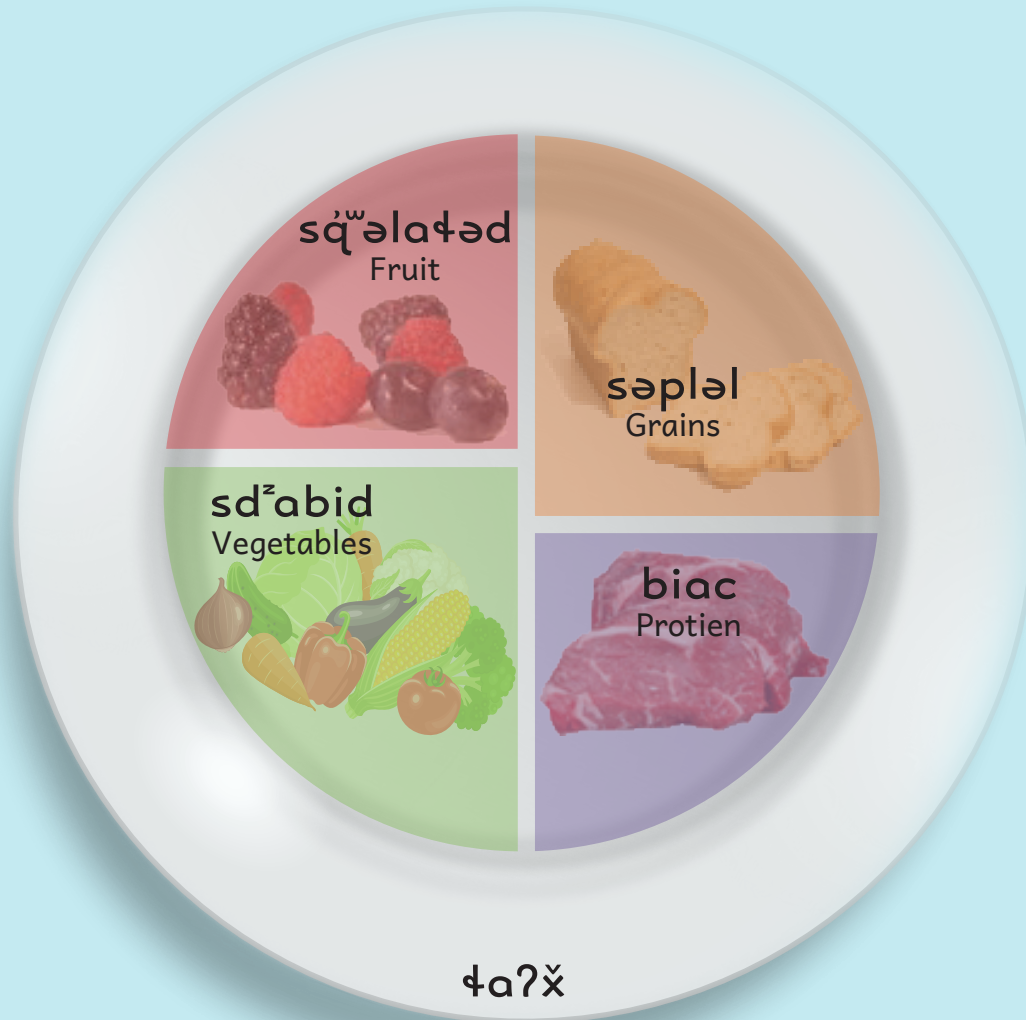
Please bless our children.

g'əhəli?tx' čax' ti s?əfədčəf

Please bless our food.

Xub ?əs?istə?.

So be it, Amen.



sqəbu? — Milk

dx'shədalaq'u? — Tea

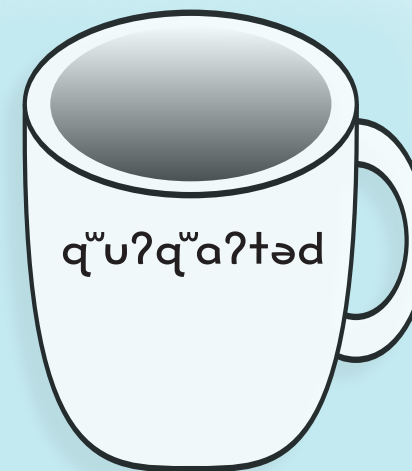
čəkapa?alq'u? — Rose Hip Tea

q'əlut — Marsh Tea

q'ag'əbalq'u? — Soda/Sweet-Drink

q'u? — Water

kupi — Coffee



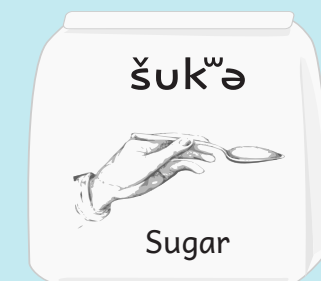
Scan this QR code to hear these words, phrases, and prayer.



pəpə



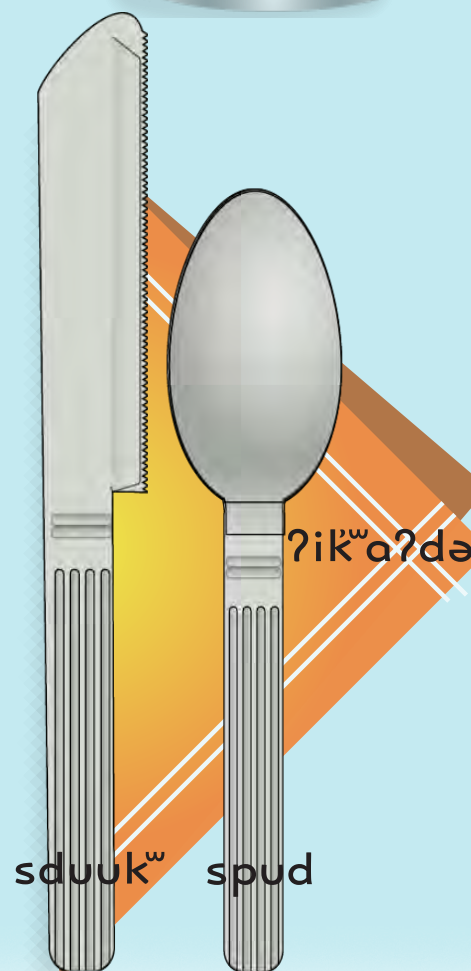
x'afəb



Sugar



bətə



sduuk'

spud

?ik'a?dəl

fə?x'